

72 HOUR FOOD FALLBACK PLAN



OPTION 1

The Datrex Basic

Contents:
1 Datrex Emergency Ration

Calories Per Day: 1200
Shelf Life: Up to 5 years
Water Requirements: none

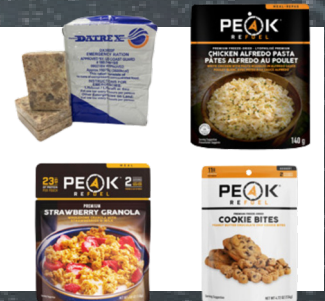


OPTION 2

The Datrex Plus

Contents:
1 Datrex Emergency Ration
1 Peak Refuel Bite Dessert
1 Peak Refuel Granola Meal
1 Peak Refuel Entree Meal

Calories Per Day: 1900
Shelf Life: 5 - 10 years
Water Requirements: 480 mL



OPTION 3

The Ultimate

Contents:
9 Peak Refuel Meals
(3 Breakfasts, 6 Entrees)

Calories Per Day: 2353
Shelf Life: Up to 10 years
Water Requirements: 2.1 L



3 Pro Tips for a Great 72 Hour Food Supply

1. Store products that are shelf stable and have a longer life span until they expire (ie - granola bars go rancid and beef jerky expires in a year). A 5-year shelf life or more is suggested so that you don't have to babysit your food fallback plan.
2. Choose items that are easy to stash in your car or at your workplace without taking up too much space.
3. Opt for items that are non-thirst provoking. Water is often limited during a short term emergency and you want to avoid becoming dehydrated.

START PREPARING TODAY

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